

Island 港島遠足及跑步賽 2019 Hike and Run

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category
1	3046	Limbu	Ysmansth	Nepal	Blue mountain sports	0:34:00	0:21:00	0:55:00	0:33:56	01:28:56	1	Individual Men 40-49
2	3037	Jan	Souleyman	United Kingdom		0:35:00	0:23:00	0:58:00	0:36:05	01:34:05	2	Individual Men 40-49
3	3018	Man Wai	Liu	China		0:37:00	0:21:00	0:58:00	0:36:45	01:34:45	1	Individual Men 16-39
4	3129	Jamie	Chambers	Guernsey		0:37:00	0:24:00	1:01:00	0:38:50	01:39:50	2	Individual Men 16-39
5	3118	Yau Man	Chu	Hong Kong SAR		0:39:00	0:23:00	1:02:00	0:38:45	01:40:45	1	Student Category - Men 16-30
6	3138	LIESSE, Albin	0	France		0:39:00	0:23:00	1:02:00	0:42:40	01:44:40	3	Individual Men 16-39
7	3122	armand	bonnin	France	LQV	0:34:00	0:24:00	0:58:00	0:48:10	01:46:10	4	Individual Men 16-39
8	3014	Florian	Berthelot	France		0:41:00	0:24:00	1:05:00	0:45:35	01:50:35	5	Individual Men 16-39
9	3015	Paul	Milon	France		0:43:00	0:25:00	1:08:00	0:45:10	01:53:10	6	Individual Men 16-39
10	3059	Yui Keung	Cheng	Hong Kong SAR		0:46:00	0:22:00	1:08:00	0:45:12	01:53:12	1	Individual Men 50+
11	3133	Guillaume	BURETTE	France		0:41:00	0:24:00	1:05:00	0:49:15	01:54:15	7	Individual Men 16-39
12	3139	Lieshout, Michael	0	Netherlands		0:43:00	0:27:00	1:10:00	0:44:30	01:54:30	8	Individual Men 16-39
13	3010	james	somers eve	United Kingdom		0:45:00	0:27:00	1:12:00	0:45:34	01:57:34	9	Individual Men 16-39
14	3025	Scott	Lee	United Kingdom		0:45:00	0:27:00	1:12:00	0:48:54	02:00:54	3	Individual Men 40-49
15	3132	Aymeric	Favard	France		0:43:00	0:29:00	1:12:00	0:53:00	02:05:00	10	Individual Men 16-39
16	3080	Evelyn	Chan	Hong Kong SAR		0:47:00	0:28:00	1:15:00	0:51:54	02:06:54	1	Individual Women 16-39
17	3052	Fat Man	Wong	Hong Kong SAR		0:46:00	0:31:00	1:17:00	0:49:55	02:06:55	2	Individual Men 50+
18	3005	Chun Wing	Lee	Hong Kong SAR		0:46:00	0:29:00	1:15:00	0:53:54	02:08:54	11	Individual Men 16-39
19	3134	Matt	Baxter	United States		0:47:00	0:27:00	1:14:00	0:55:38	02:09:38	12	Individual Men 16-39
20	3131	SANTIAGO	CAMPO	Spain		0:51:00	0:29:00	1:20:00	0:49:50	02:09:50	4	Individual Men 40-49
21	3030	David	Béchemin	France		0:48:00	0:27:00	1:15:00	0:54:22	02:09:22	5	Individual Men 40-49
22	3085	Melissa	Catelli	United States		0:50:00	0:28:00	1:18:00	0:52:01	02:10:01	2	Individual Women 16-39
23	3125	Stephen	Cansell	United Kingdom		0:49:00	0:29:00	1:18:00	0:52:54	02:10:54	3	Individual Men 50+
24	3127	Marichu	Stertzenbach	Philippines		0:50:00	0:28:00	1:18:00	0:53:30	02:11:30	1	Individual Women 40-49
25	3079	Alice	McLeod	United Kingdom		0:51:00	0:30:00	1:21:00	0:51:28	02:12:28	3	Individual Women 16-39
26	3024	Ho Man	Cheng	Hong Kong SAR		0:48:00	0:26:00	1:14:00	0:58:08	02:12:08	6	Individual Men 40-49

Island 港島遠足及跑步賽 2019 Hike and Run

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category
27	3136	Ramod	David	France		0:43:00	0:29:00	1:12:00	1:00:30	02:12:30	13	Individual Men 16-39
28	3016	Thomas	Besnard	France		0:46:00	0:28:00	1:14:00	0:58:52	02:12:52	14	Individual Men 16-39
29	3053	Mark	Kidd	United Kingdom		0:50:00	0:27:00	1:17:00	0:55:53	02:12:53	4	Individual Men 50+
30	3009	Morgan	Alonso	France		0:48:00	0:29:00	1:17:00	0:57:20	02:14:20	15	Individual Men 16-39
31	3103	MAN CHING	NG	Hong Kong SAR		0:55:00	0:31:00	1:26:00	0:50:23	02:16:23	2	Individual Women 40-49
32	3045	Lap Kei	Cheung	Hong Kong SAR		0:55:00	0:30:00	1:25:00	0:51:42	02:16:42	7	Individual Men 40-49
33	3123	Stéphanie	PEZOT	France		0:54:00	0:32:00	1:26:00	0:50:55	02:16:55	4	Individual Women 16-39
34	3060	Andre	Varella	Australia		0:50:00	0:31:00	1:21:00	0:56:10	02:17:10	5	Individual Men 50+
35	3017	Arnaud	Legland	France		0:53:00	0:33:00	1:26:00	0:51:18	02:17:18	16	Individual Men 16-39
36	3093	Eleri	Marsden	United Kingdom		0:55:00	0:30:00	1:25:00	0:54:36	02:19:36	3	Individual Women 40-49
37	3061	Chi Keung	Yeung	Hong Kong SAR		0:52:00	0:32:00	1:24:00	0:55:37	02:19:37	6	Individual Men 50+
38	3126	Henry	Schmidl	Germany		0:50:00	0:28:00	1:18:00	1:01:48	02:19:48	8	Individual Men 40-49
39	3026	Chris	Chan	Hong Kong SAR	Chris Chan	0:58:00	0:28:00	1:26:00	0:56:18	02:22:18	9	Individual Men 40-49
40	3031	Patrick Wai Yin	Wong	Hong Kong SAR		1:02:00	0:29:00	1:31:00	0:53:19	02:24:19	10	Individual Men 40-49
41	3083	MADELINE	WHITE	United Kingdom		0:55:00	0:30:00	1:25:00	0:59:22	02:24:22	5	Individual Women 16-39
42	3074	Helen	So	Hong Kong SAR		0:52:00	0:34:00	1:26:00	0:59:00	02:25:00	6	Individual Women 16-39
43	3128	Indi	Rana	United Kingdom		0:51:00	0:34:00	1:25:00	1:01:56	02:26:56	7	Individual Men 50+
44	3140	Chung	Stephanie	Hong Kong SAR		0:55:00	0:29:00	1:24:00	1:03:12	02:27:12	7	Individual Women 16-39
45	3007	Rory	Bell	United Kingdom		0:49:00	0:35:00	1:24:00	1:03:54	02:27:54	17	Individual Men 16-39
46	3137	Peng	Beidi	China		0:56:00	0:32:00	1:28:00	1:01:40	02:29:40	8	Individual Women 16-39
47	3124	Jonathan	Parry	United Kingdom		0:55:00	0:34:00	1:29:00	1:01:03	02:30:03	8	Individual Men 50+
48	3027	Chung Hang	Au Yeung	Hong Kong SAR		0:58:00	0:32:00	1:30:00	1:01:32	02:31:32	11	Individual Men 40-49
49	3057	willy	ewal	Uganda		0:55:00	0:34:00	1:29:00	1:03:45	02:32:45	9	Individual Men 50+
50	3044	LOIC	MONTINI	France		0:55:00	0:34:00	1:29:00	1:04:20	02:33:20	12	Individual Men 40-49
51	3081	Jean sally	Yiu	Hong Kong SAR		1:01:00	0:31:00	1:32:00	1:05:00	02:37:00	9	Individual Women 16-39
52	3035	Ashish	Rao	India		1:00:00	0:32:00	1:32:00	1:06:00	02:38:00	13	Individual Men 40-49

Island 港島遠足及跑步賽 Hike and Run 2019

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category
53	3130	Jovy	Robert	Philippines		0:55:00	0:33:00	1:28:00	1:10:25	02:38:25	10	Individual Women 16-39
54	3004	Rico	Lee	Hong Kong SAR		1:03:00	0:32:00	1:35:00	1:05:45	02:40:45	18	Individual Men 16-39
55	3033	Wingshing	Kwok	Hong Kong SAR		1:02:00	0:35:00	1:37:00	1:04:31	02:41:31	14	Individual Men 40-49
56	3135	Fiona	Fitzgerald	Australia		1:03:00	0:34:00	1:37:00	1:04:42	02:41:42	11	Individual Women 16-39
57	3029	HO	WING KONG	Hong Kong SAR		0:57:00	0:35:00	1:32:00	1:13:12	02:45:12	15	Individual Men 40-49
58	3142	Almudena	LaCruz	Spain		1:05:00	0:36:00	1:41:00	1:05:39	02:46:39	1	Individual Women 18-39
59	3141	Michael	GRIMSHAW	United Kingdom		1:05:00	0:36:00	1:41:00	1:06:10	02:47:10	16	Individual Men 40-49
60	3111	Emma	Sebrof	United Kingdom		1:06:00	0:32:00	1:38:00	1:09:30	02:47:30	1	Individual Women 50+
61	3028	Ayrton	Wong	Hong Kong SAR		1:05:00	0:38:00	1:43:00	1:05:00	02:48:00	17	Individual Men 40-49
62	3077	Laura Jane	Ayres	United Kingdom		1:01:00	0:37:00	1:38:00	1:10:08	02:48:08	12	Individual Women 16-39
63	3055	YW	Kwong	Hong Kong SAR		1:00:00	0:37:00	1:37:00	1:12:00	02:49:00	10	Individual Men 50+
64	3075	Yin Lam	Ma	Hong Kong SAR		1:03:00	0:38:00	1:41:00	1:08:20	02:49:20	13	Individual Women 16-39
65	3114	Anne	Kaiser	Australia		1:06:00	0:34:00	1:40:00	1:10:30	02:50:30	2	Individual Women 50+
66	3096	Sabine	Schnepf-Comeau	Canada		0:59:00	0:36:00	1:35:00	1:19:00	02:54:00	4	Individual Women 40-49
67	3076	Arline	Lee	Philippines		1:06:00	0:37:00	1:43:00	1:12:45	02:55:45	14	Individual Women 16-39
68	3036	Vishweshwar	Anantharam	India		1:06:00	0:31:00	1:37:00	1:19:53	02:56:53	18	Individual Men 40-49
69	3099	Phoebe	Leung	Hong Kong SAR		1:06:00	0:37:00	1:43:00	1:13:11	02:56:11	5	Individual Women 40-49
70	3051	Ivan	Young	New Zealand		1:03:00	0:36:00	1:39:00	1:19:30	02:58:30	11	Individual Men 50+
71	3020	Kai Chung	Hung	China		1:14:00	0:34:00	1:48:00	1:10:47	02:58:47	19	Individual Men 16-39
72	3121	Wai Ming	Leung	Hong Kong SAR		1:06:00	0:37:00	1:43:00	1:17:39	03:00:39	19	Individual Men 40-49
73	3073	mechelle	law	Philippines	David william s Law	1:06:00	0:39:00	1:45:00	1:19:30	03:04:30	15	Individual Women 16-39
74	3120	Kelvin	POON	Hong Kong SAR		0:55:00	0:37:00	1:32:00	1:33:20	03:05:20	2	Student Category - Men 16-30
75	3092	Lusheeta	TAM	Hong Kong SAR		1:10:00	0:40:00	1:50:00	1:15:28	03:05:28	6	Individual Women 40-49
76	3041	rivelino	dos santos	Other...	SAILORS SOCIETY	1:02:00	0:37:00	1:39:00	1:28:28	03:07:28	20	Individual Men 40-49
77	3087	Ming Wai	Lai	Hong Kong SAR		1:14:00	0:38:00	1:52:00	1:20:40	03:12:40	16	Individual Women 16-39
78	3102	Hoi Yan Jacqueline	Cheng	Hong Kong SAR		1:14:00	0:38:00	1:52:00	1:21:20	03:13:20	7	Individual Women 40-49
79	3115	Ellie	Chiu	Hong Kong SAR		1:08:00	0:40:00	1:48:00	1:27:50	03:15:50	3	Individual Women 50+
80	3106	Lin Fong	Cheung	China		1:22:00	0:36:00	1:58:00	1:18:19	03:16:19	8	Individual Women 40-49
81	3117	Wai Mei Kitty	Chan	China		1:22:00	0:36:00	1:58:00	1:18:19	03:16:19	4	Individual Women 50+

Island 港島遠足及跑步賽 2019 Hike and Run

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category
82	3049	Rhollan Clark	Tsoi	China		1:22:00	0:36:00	1:58:00	1:18:20	03:16:20	21	Individual Men 40-49
83	3063	Yan Kit, Roger	Yim	China		1:22:00	0:36:00	1:58:00	1:18:20	03:16:20	12	Individual Men 50+
84	3069	Chun Wah	Yu	China		1:22:00	0:34:00	1:56:00	1:20:20	03:16:20	13	Individual Men 50+
85	3113	Lai Suen	Yau	Hong Kong SAR		1:08:00	0:37:00	1:45:00	1:32:50	03:17:50	5	Individual Women 50+
86	3042	HUGH	KERRIDGE	Australia		1:13:00	0:39:00	1:52:00	1:29:04	03:21:04	22	Individual Men 40-49
87	3088	Yin Ling	Lee	China		1:27:00	0:37:00	2:04:00	1:17:10	03:21:10	17	Individual Women 16-39
88	3116	King	Kwok	China		1:27:00	0:37:00	2:04:00	1:17:50	03:21:50	6	Individual Women 50+
89	3109	Yee Sze	Pun	China		1:27:00	0:37:00	2:04:00	1:17:50	03:21:50	9	Individual Women 40-49
90	3048	Wing Lok	Chu	China		1:27:00	0:35:00	2:02:00	1:19:50	03:21:50	23	Individual Men 40-49
91	3019	Shu Ming	Tong	China		1:27:00	0:37:00	2:04:00	1:21:46	03:25:46	20	Individual Men 16-39
92	3082	SZE WAI	Chan	Hong Kong SAR		1:33:00	0:38:00	2:11:00	1:15:33	03:26:33	18	Individual Women 16-39
93	3040	Stuart	Dale	United Kingdom		1:08:00	0:37:00	1:45:00	1:42:29	03:27:29	24	Individual Men 40-49
94	3066	Kin Fu	Pang	China		1:15:00	0:33:00	1:48:00	1:39:29	03:27:29	14	Individual Men 50+
95	3067	Chung Ying	Leung	China		1:11:00	0:44:00	1:55:00	1:32:29	03:27:29	15	Individual Men 50+
96	3104	Joyce	Kung	Hong Kong SAR		1:25:00	0:35:00	2:00:00	1:28:10	03:28:10	10	Individual Women 40-49
97	3056	Coden	Hau	Hong Kong SAR		1:14:00	0:43:00	1:57:00	1:41:45	03:38:45	16	Individual Men 50+
98	3078	Karen	Herrero	Canada		1:33:00	0:29:00	2:02:00	1:38:01	03:40:01	19	Individual Women 16-39
99	3094	Deepti	Mehra	India		1:25:00	0:41:00	2:06:00	1:37:20	03:43:20	11	Individual Women 40-49
100	3003	Tak Lung	Leung	Hong Kong SAR		1:11:00	0:49:00	2:00:00	1:44:25	03:44:25	21	Individual Men 16-39
101	3089	Ching Han	Wong	Hong Kong SAR		1:19:00	0:40:00	1:59:00	1:45:32	03:44:32	12	Individual Women 40-49
102	3101	JoJo	Shek	China		1:19:00	0:40:00	1:59:00	1:45:55	03:44:55	13	Individual Women 40-49
103	3084	Kaka	Li	Hong Kong SAR		1:15:00	0:56:00	2:11:00	1:34:10	03:45:10	20	Individual Women 16-39
104	3112	Shirley	Wu	Hong Kong SAR		1:26:00	0:48:00	2:14:00	1:55:11	04:09:11	7	Individual Women 50+
105	3043	Vincent KC	Chan	Hong Kong SAR	BALHK	1:15:00	0:44:00	1:59:00	2:10:11	04:09:11	25	Individual Men 40-49
106	3058	Edoardo	Tocco	Hong Kong SAR	BALHK	1:15:00	0:44:00	1:59:00	2:10:11	04:09:11	17	Individual Men 50+
107	3011	Cheuk Hung	LAM	Hong Kong SAR		1:15:00	0:43:00	1:58:00	2:11:11	04:09:11	22	Individual Men 16-39
108	3119	Riccardo	Tocco	Hong Kong SAR	BALHK	1:15:00	0:44:00	1:59:00	2:10:11	04:09:11	3	Student Category - Men 16-30
109	3012	Ryan	SHAM	Hong Kong SAR		1:15:00	0:44:00	1:59:00	2:10:11	04:09:11	23	Individual Men 16-39
110	3086	Kate	Cheung	Hong Kong SAR		1:15:00	0:43:00	1:58:00	2:11:11	04:09:11	21	Individual Women 16-39

Island 港島遠足及跑步賽 Hike and Run 2019

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category	
111	3071	Man On	Chu	China		1:42:00	0:42:00	2:24:00	1:45:40	04:09:40	18	Individual Men 50+	
112	3110	Wing Suet	Chu	China		1:57:00	0:41:00	2:38:00	1:31:40	04:09:40	14	Individual Women 40-49	
113	3107	Ka Yan	LAM	China		1:42:00	0:40:00	2:22:00	1:50:22	04:12:22	15	Individual Women 40-49	
114	3105	Yuk Ping	Cheung	Hong Kong SAR		1:31:00	0:42:00	2:13:00	2:03:21	04:16:21	16	Individual Women 40-49	
115	3065	Mo Sheung	Ma	China		1:42:00	0:42:00	2:24:00	2:21:17	04:45:17	19	Individual Men 50+	
116	3098	maggie	Mo	China		1:42:00	0:40:00	2:22:00	2:23:17	04:45:17	17	Individual Women 40-49	
117	3072	Kim Wing	Mok	China		1:42:00	0:42:00	2:24:00	2:21:17	04:45:17	20	Individual Men 50+	
118	3070	Wai Po	NG	China		1:57:00	0:41:00	2:38:00	2:38:04	05:16:04	21	Individual Men 50+	
119	3068	Man Hung	Kwong	China		1:57:00	0:41:00	2:38:00	2:38:04	05:16:04	22	Individual Men 50+	
120	3050	Chak Kin	Kwok	China		2:12:00	0:45:00	2:57:00	2:25:16	05:22:16	26	Individual Men 40-49	
121	3047	Ping Yip	Tang	China		2:12:00	0:45:00	2:57:00	2:25:16	05:22:16	27	Individual Men 40-49	
122	3108	Wai Yan Veronica	Yim	China		2:12:00	0:45:00	2:57:00	2:25:16	05:22:16	18	Individual Women 40-49	
123	3064	Wing Chuen	TAM	China		2:12:00	0:45:00	2:57:00	2:25:16	05:22:16	23	Individual Men 50+	
124	3062	Wai Cheong	Moy	China		2:12:00	0:45:00	2:57:00	2:25:16	05:22:16	24	Individual Men 50+	
125	3001	Dave	Nicholson	United Kingdom								DNS	Individual Men 16-39
126	3002	Gump	Wong	Hong Kong SAR								DNS	Individual Men 16-39
127	3006	Storme	Desvaux de Marigny	South Africa	Tusk South Limited							DNS	Individual Men 16-39
128	3008	William	Jones	United Kingdom								DNS	Individual Men 16-39
129	3013	Chi Fung	Tsang	China								DNS	Individual Men 16-39
130	3021	Jonathan	Crompton	United Kingdom	Drinks anytime							DNS	Individual Men 40-49
131	3022	Jeff	Sayed	United Kingdom								DNS	Individual Men 40-49
132	3023	CHI WAI	LAM	Hong Kong SAR								DNS	Individual Men 40-49
133	3032	Enrico	Vietti	Italy								DNS	Individual Men 40-49
134	3034	Kalyanaraman	Krishnan	India								DNS	Individual Men 40-49
135	3038	Sai Cheong	Chan	Hong Kong SAR								DNS	Individual Men 40-49
136	3039	kwok man	Chan	Hong Kong SAR								DNS	Individual Men 40-49
137	3054	Anthony	Ngai	Hong Kong SAR								DNS	Individual Men 50+
138	3090	Pat	Lau	China								DNS	Individual Women 40-49
139	3091	Amy	Mumford	United Kingdom								DNS	Individual Women 40-49

Island 港島遠足及跑步賽 2019 Hike and Run

2019 - Island Hike and Run 港島遠足及跑步賽 14KM DISTANCE CATEGORY - OVERALL SOLO TIMING

Overall Position	Race Number	First Name	Last Name	Nationality	Team/ Sponsor/ Charity	CP1	Split	CP2	Split	Finish	Cat Position	Category
140	3095	April	Au	Hong Kong SAR							DNS	Individual Women 40-49
141	3097	Yvonne	Cheung	Hong Kong SAR							DNS	Individual Women 40-49